The 29th Dartmouth Pediatric Conference
OMNI MOUNT WASHINGTON RESORT, BRETTON WOODS, NH

from your hosts...

We welcome you to the 29th Dartmouth Pediatric Conference: Contemporary Issues in Office Pediatrics! Please join us at the Omni Mount Washington Resort in Bretton Woods, NH, from February 27 – March 1, 2020.

We are delighted to welcome renowned guest speakers this year:

Lee Ann Savio Beers, MD, FAAP is an Associate Professor of Pediatrics and Medical Director for Community Health and Advocacy within the Goldberg Center for Community Pediatric Health and Child Health Advocacy Institute at Children’s National Hospital. Dr. Beers is also the Founding Director of the DC Mental Health Access in Pediatrics Program and Co-Director of the Early Childhood Innovation Network. She oversees the DC Collaborative for Mental Health in Pediatric Primary Care, a public-private coalition that serves as a catalyst to elevate the standard of mental health care for every young person in Washington, DC, by increasing primary care provider capacity and achieving systemic policy change.

Benjamin Hoffman, MD, FAAP, CPST-I is a nationally recognized expert in child passenger safety, and leader in the field of community health and advocacy training for pediatric residents. He is Professor of Pediatrics at Doernbecher Children’s Hospital and Oregon Health and Science University. He serves as Vice-Chair for Community Health and Advocacy, Director of the Oregon Center for Children and Youth with Special Heath Care Needs, and Medical Director of the Tom Sargent Safety Center. Dr. Hoffman is currently Chair of the American Academy of Pediatrics Council on Injury Violence and Poison Prevention, and Director of the Community Pediatrics Training Initiative.

Philip J. Landrigan, MD, MSc, FAAP is a pediatrician, epidemiologist, Professor of Biology and Director of the Program in Global Public Health and the Common Good at Boston College. He is a member of the US National Academy of Medicine. For four decades, Dr. Landrigan has been a leader in environmental and occupational health. His early studies of lead poisoning in children contributed to the US government’s decision to remove lead from paint and gasoline. He led a study at the US National Academy of Sciences that defined children’s unique susceptibilities to pesticides and toxic chemicals and catalyzed fundamental revamping of US pesticide policy to protect children’s health. He later guided EPA in establishing the Office of Children’s Health Protection. Dr. Landrigan co-chaired the Lancet Commission on Pollution & Health which found that pollution causes 9 million deaths annually and is an existential threat to planetary health. To continue this work, he formed the Global Observatory on Pollution and Health at Boston College, which collaborates with UN Environment and the Centre Scientifique de Monaco.

We also welcome several speakers from CHaD, along with an array of well-informed and engaging speakers from DHHS Division of Public Health Services. Conference topics include adolescent health, asthma management, injury prevention, child advocacy and protection, behavioral health, and parenting strategies, among others.

The historic elegance of Omni Mount Washington Resort makes for an incomparable setting. Resort amenities include alpine skiing at Bretton Woods, New Hampshire’s largest ski area, at special rates for meeting attendees and their families. Complimentary Nordic skiing is available on 100 kilometers of groomed terrain. The resort also offers sleigh rides and a zip line canopy tour. If you prefer an indoor adventure, indulge yourself at the Resort’s luxurious spa and salon.

Mark your calendar, register early and spread the word. Our meeting faculty and staff look forward to seeing you in February for the best of education and recreational activities combined!

Erik M. Shessler, MD
Conference Medical Director
Vice President of the NH Chapter of the AAP
Associate Medical Director, General Pediatrics
Dartmouth-Hitchcock Manchester

Jonathan Ballard, MD, MPH, MPhil
Chief Medical Officer, New Hampshire Department of Health and Human Services

Keith J. Loud, MD, MSc, FAAP
Physician-in-Chief, Children’s Hospital at Dartmouth
Chair & Associate Professor of Pediatrics, Geisel School of Medicine at Dartmouth
### Keynote Guest Faculty

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>Lee Ann Savio Beers, MD, FAAP</td>
<td>Associate Professor of Pediatrics, Medical Director for Community Health and Advocacy, Goldberg Center for Community Pediatric Health &amp; Child Health Advocacy Institute, Children’s National Hospital, Washington, DC</td>
</tr>
<tr>
<td>Benjamin Hoffman, MD, FAAP, CPST-I</td>
<td>Professor of Pediatrics, Division of General Pediatrics, School of Medicine, Ohio State University, Columbus, OH</td>
</tr>
<tr>
<td>Philip J. Landrigan, MD, MSc, FAAP</td>
<td>Director, Program in Global Public Health and the Common Good Director, Global Observatory on Pollution and Health, Schiller Institute for Integrated Science and Society, Boston College, Boston, MA</td>
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### Invited Faculty

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<tr>
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<tr>
<td>Ann Collins, RN</td>
<td>Perinatal Nurse Coordinator, Maternal and Child Health Section, Division of Public Health Services/NH DHHS</td>
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<tr>
<td>Carolyn Fredette, MPH</td>
<td>Infant Surveillance Program Coordinator, Maternal and Child Health Section, Division of Public Health Services/NH DHHS</td>
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<tr>
<td>Jennifer Jones, MD, FAAP</td>
<td>Medical Director, Core Pediatric and Adolescent Medicine, Exeter Hospital</td>
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<tr>
<td>Terry Ohlson-Martin, BS</td>
<td>Co-Director, NH Family Voices</td>
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<tr>
<td>Sylvia Pelletier, BA</td>
<td>Associate Director, NH Family Voices</td>
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<tr>
<td>Melissa Richards, MPH, RN, Lean Black Belt</td>
<td>Quality Coordinator, NH CARE Program &amp; NH TB Financial Assistance Program, Infectious Disease Prevention, Investigation &amp; Care Services, Division of Public Health Services/NH DHHS</td>
</tr>
<tr>
<td>Erica Tenney, MS</td>
<td>NH Mental Health Care Access in Pediatrics Program Coordinator, Maternal and Child Health Section, Division of Public Health Services/NH DHHS</td>
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### Planning Committee

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<tr>
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<tr>
<td>Jonathan Ballard, MD, MPH, MPhil</td>
<td>Chief Medical Officer, NH Department of Health &amp; Human Services</td>
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<tr>
<td>Lynn M. Feenan, MSN, RN, AE-C</td>
<td>Pediatric Pulmonary Clinical Nurse Specialist, NH CF Center Coordinator, Children’s Hospital at Dartmouth-Hitchcock</td>
</tr>
<tr>
<td>Christina Ferreri DNP APRN, FNP-BC</td>
<td>Elliot Pediatrics-PCP, NP, New Hampshire Nurse Practitioner Association-President, UNH-Adjunct Faculty Pediatrics</td>
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<tr>
<td>Victoria A. Flanagan, MS, RN</td>
<td>Perinatal Outreach Educator, Regional Program for Women’s &amp; Children’s Health Operations Director, NNEPQIN, Children’s Hospital at Dartmouth-Hitchcock</td>
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<tr>
<td>Gail Coppins Gettens, MS, ECMP</td>
<td>Child Development Specialist and Health Promotion Advisor, Healthy Homes and Lead Poisoning Prevention Program, Division of Public Health Services/NH DHHS</td>
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<tr>
<td>Viking Hedberg, MD, MPH</td>
<td>Pediatric Hospitalist, Concord Hospital, Assistant Professor of Pediatrics, Geisel School of Medicine at Dartmouth</td>
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<tr>
<td>Kristine A. Karlson, MD, FACS</td>
<td>Family Medicine Physician, Associate Professor of Community &amp; Family Medicine, Orthopaedics &amp; Pediatrics, Geisel School of Medicine at Dartmouth, Children’s Hospital at Dartmouth-Hitchcock</td>
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<tr>
<td>Karen G. Lee, C-TAGME</td>
<td>Educational Conference Manager, Regional Program for Women’s &amp; Children’s Health, Children’s Hospital at Dartmouth-Hitchcock</td>
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<td>Keith J. Loud, MD, MSc, FAAP</td>
<td>Physician-in-Chief, Children’s Hospital at Dartmouth-Hitchcock (CHaD) Chair &amp; Associate Professor of Pediatrics, Geisel School of Medicine at Dartmouth</td>
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<td>Margaret Rose Minnock, MBA</td>
<td>Director, Regional Program for Women’s &amp; Children’s Health, Executive Director, NNEPQIN, Children’s Hospital at Dartmouth-Hitchcock</td>
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<td>Erik M. Shessler, MD</td>
<td>Conference Medical Director, Associate Medical Director, General Pediatrics, Dartmouth-Hitchcock Manchester</td>
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<td>Catrina Watson</td>
<td>Executive Director, NH Chapter of the American Academy of Pediatrics</td>
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### Children’s Hospital at Dartmouth-Hitchcock (CHaD) Faculty

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<tr>
<td>Steven H. Chapman, MD</td>
<td>Pediatrician, Assistant Professor of Pediatrics, Geisel School of Medicine at Dartmouth, President, NH AAP Chapter</td>
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<tr>
<td>James T. Craig, PhD</td>
<td>Lead Supervisor of Child Psychotherapy Training, Assistant Professor of Psychiatry, Geisel School of Medicine at Dartmouth</td>
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<tr>
<td>Mary Kay Jankowski, PhD</td>
<td>Child &amp; Adolescent Psychologist, Assistant Professor of Psychiatry, Geisel School of Medicine at Dartmouth</td>
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<td>Keith J. Loud, MD, MSc, FAAP</td>
<td>Physician-in-Chief, Children’s Hospital at Dartmouth-Hitchcock (CHaD) Chair &amp; Associate Professor of Pediatrics, Geisel School of Medicine at Dartmouth</td>
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<tr>
<td>Samuel B. McWilliams, MD</td>
<td>Pediatrician, Clinical Assistant Professor of Pediatrics, Geisel School of Medicine at Dartmouth</td>
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<tr>
<td>Resmiye Oral, MD</td>
<td>Director, Child Advocacy and Protection Program, Professor of Pediatrics, Geisel School of Medicine at Dartmouth</td>
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<tr>
<td>Deborah A. Pullin, MPH, APRN-CPNP</td>
<td>Assistant Director, Child Advocacy and Protection Program, CHaD Allergist, Dartmouth-Hitchcock Bedford</td>
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<tr>
<td>Marie-Helene Sajous, MD, MS</td>
<td>CHaD Allergist, Dartmouth-Hitchcock Bedford</td>
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<tr>
<td>Nina Sand-Loud, MD</td>
<td>Developmental Behavioral Pediatrician, Pediatrics &amp; Child Psychiatry, Assistant Professor of Pediatrics and of Psychiatry, Geisel School of Medicine at Dartmouth</td>
</tr>
<tr>
<td>Catherine D. Shubkin, MD</td>
<td>Pediatrician, Assistant Professor of Pediatrics, Geisel School of Medicine at Dartmouth</td>
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Thursday, February 27, 2020
Adolescent Medicine

3:30 - 5:00 pm | Registration

5:00 - 5:10 | Welcome
Erik Shessler, MD
Jonathan Ballard, MD, MPH, MPhil
Keith Loud, MD, MSc, FAAP

5:10 - 6:40 | Ethical Dimensions of Caring for Adolescents
Keith Loud, MD, MSc, FAAP
Catherine D. Shubkin, MD, FAAP

6:45 - 8:00 | Dinner
(participants welcome/adult guests at additional fee)

8:00 - 9:00 | Supporting Adolescent Parenting in Pediatric Settings
Lee Ann Savio Beers, MD, FAAP

Friday, February 28, 2020
Public Health Mini-Symposium

7:00 - 7:30 am | Breakfast for Participants

7:30 - 8:30 | Environmental Management of Pediatric Asthma
Guest Speaker from National Environmental Education Foundation (NEEF)

8:30 - 9:00 | Role of Allergy Testing in Asthma Management
Marie-Helene Sajous, MD, MS

9:00 - 9:30 | Food Allergies
Marie-Helene Sajous, MD, MS

9:30 - 9:45 | Break

Concurrent Sessions: Audience choose 2

9:45 - 10:30 and 10:35 - 11:20

Concurrent Sessions
Importance of Having Plans of Safe Care in Pediatric Record (Maternal and Child Health)
Ann Collins, RN

Point-of-Care Blood Lead Level Testing in the Pediatric Office: A Success Story in Increasing Testing Rates
Jennifer Jones, MD, FAAP

Encouraging Patient and Family Engagement in Primary Care
Terry Ohlson-Martin, BS
Sylvia Pelletier, BA

11:25 - 12:40 pm

Saving the Babies We Helped Get Here: The Real Story in Infant Sleep
Benjamin Hoffman, MD, FAAP, CPST-I
Carolyn Fredette, MPH

12:40 | Free time - ENJOY!
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<td>7:00 - 7:30 am</td>
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| 7:30 - 9:00    | Children’s Health and the Environment—The Problem and the Solution  
                  Philip Landrigan, MD, MSc, FAAP                                                             |
| 9:00 - 3:45 pm | Free Time – ENJOY!                                                                             |
| 3:45 - 4:30 pm | KEYNOTE  
                  What Every Pediatrician Needs to Know About Drowning  
                  Benjamin Hoffman, MD, FAAP, CPST-I                                                            |
| 4:30 - 5:30 pm | Panel Discussion - Drowning Prevention  
                  Benjamin Hoffman, MD, FAAP, CPST-I  
                  Patient/Family Member                      Samuel McWilliams, MD                             |
| 5:30 - 6:00 pm | Meeting People Where They Are: How Do We Talk About Gun Injury Prevention  
                  Benjamin Hoffman, MD, FAAP, CPST-I                                                            |
| 6:00 - 6:30 pm | Fitting Advocacy into my Crazy Busy Life in 3 Easy Steps  
                  Steven Chapman, MD                                                                             |
| 6:30 - 7:30 pm | Reception for Participants and Guests                                                           |
| 7:30          | Meeting Adjourns for the Evening                                                               |

### Sunday, March 1, 2020

**Trauma & Behavioral Health Mini-Symposium**

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| 7:30 - 8:15   | Trauma Informed Care  
                  Mary Kay Jankowski, PhD                                                                     |
| 8:15 - 9:00   | Specialized Medical Services For Children in Need of Protection: How will CAPP work with Stakeholders into 2020 and Beyond  
                  Resmiye Oral, MD                                                                             |
| 9:00 - 9:45   | Break and Check Out of Hotel                                                                    |
| 9:45 - 10:30  | Child Abuse: Early Clues and What to do  
                  Deborah Pullin, MPH, APRN-CPNP                                                             |
| 10:30 - 11:15 | How to Address Parenting Skills During Office Visits  
                  Nina Sand-Loud, MD  
                  James Craig, PhD                                                                           |
| 11:15 - 12:00 pm | Sleep Strategies to Help Children and Parents  
                  Nina Sand-Loud, MD  
                  James Craig, PhD                                                                           |
| 12:00         | Meeting Adjourns                                                                              |

### Learning Outcome

At the conclusion of this learning activity, participants will be able to discuss recent evidence-based changes in the care of pediatric patients with clinical and/or behavioral health issues including integration of public health strategies into pediatric primary care practice.

### Accreditation

**PHYSICIANS:**

Dartmouth-Hitchcock is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Dartmouth-Hitchcock designates this live activity for a maximum of 15.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**NURSE PRACTITIONERS & PHYSICIAN ASSISTANTS:**

Our credits are generally acceptable for Nurse Practitioners and Physician Assistants to meet their CE requirements. Check with your accrediting organization.

**NURSES:**

Dartmouth-Hitchcock Nursing Continuing Education Council is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center’s Commission on Accreditation.

This educational activity carries 15.25 contact hours.

**AAFP credits in process.**
Alpine Skiing
Visit Bretton Woods, New Hampshire’s largest ski area with 464 acres of skiing and snowboarding, including 62 trails and 35 glades, as well as three terrain parks! Ten lifts, including four high-speed quads, make your ride up the mountain almost as fun as the ride down. Voted “Best in the East for Weather” by SKI magazine, if there’s snow falling, chances are we’ve got it—or we can make it with snow making on 92% of our trails. And, because you’ll want to stay on our slopes until after dark, we also offer night skiing and riding.

Our group rate is $45 per day. Children 7 and under ski FREE!! Twilight lift tickets (after 2pm) are $35.

Nordic Skiing
On the grounds of the historic Mount Washington Hotel and the White Mountain National Forest, the Bretton Woods Nordic Center is one of the largest cross country areas in the East. The 100-km trail network crosses open fields, meanders through woods of spruce and fir, passes beaver ponds and mountain streams and traverses open hardwood stands. Enjoy classical and skate skiing or snowshoeing on trails painstakingly prepared with our state-of-the-art groomers. And don’t forget to stop off at the warming yurt or the rustic, back country cabin on Mount Stickney.

Nordic skiing is complimentary for our attendees and families.

Other Winter Activities
Bretton Woods is much more than just alpine and cross country skiing!

Experience a relaxing horse-drawn sleigh ride. Enjoy ice skating, tubing or snowshoeing or, for a truly unique experience, make your reservation for the three and a half hour Bretton Woods Canopy Tour!

Just for the kids! Kids 4-13 years old will love the opportunity to try trail riding on a snowmobile, right here in the Bretton Woods base area.

Get the most out of your day at Bretton Woods! Choose from a guided alpine or Nordic resort tour, a guided introduction to the Mountain Road Nordic experience, a snowshoe expedition or your own customized guided backcountry adventure.

All discounted tickets for activities must be purchased at the Hotel Concierge Desk.

Questions?
Regional Program for Women’s and Children’s Health Dartmouth-Hitchcock Medical Center
Tel: (603) 653-6898
Fax: (603) 653-6892
Karen.G.Lee@hitchcock.org
Register Online:
http://med.dartmouth-hitchcock.org/ce
Registration confirmation by e-mail ONLY

Early Registration Fees:
Paid on or before January 20, 2020
Physicians: $575
NPs, RNs, PAs, Others: $450

Registration Fees:
Paid after January 20, 2020
Physicians: $625
NPs, RNs, PAs, Others: $495

Refunds:
We must receive notice of cancellation on or before February 15, 2020 to ensure a refund. We will retain an administrative charge of $50. Substitutions may be made at no additional cost, but please contact us if you would like to send a substitute.

Travel Information
By Car:
Estimated Driving Times
• Boston, MA - 2 1/2 hours, 160 miles
• New York City - 5 3/4 hours, 350 miles
• Portland, ME - 2 hours, 95 miles
• Montreal - 3 hours, 185 miles
• Hartford, CT - 4 hours, 240 miles

Our attendees have told us*...

“ My first time, absolutely loved the conference, will be back! Great to meet specialists as a referring pediatrician!”

“ Great meeting. Really good mix of subject matters. I appreciated that a community PCP was a speaker.”

“ This is always a great program as the content focuses on things that I encounter in my practice on a regular basis, always important to learn new ways of approaching common problems.”

“ I love this conference and try to attend yearly.”

“ I thought the conference was incredibly well organized and everything flowed smoothly. The topics were interesting and the speakers were prepared. This is my first time attending this conference and I will be back. Thank you!”

*Comments from previous conference.
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Contemporary Issues in Office Pediatrics
OMNI MOUNT WASHINGTON RESORT, BRETTON WOODS, NH | FEBRUARY 27 - MARCH 1, 2020

Lodging Information:

Omni Mount Washington Resort
310 Mount Washington Hotel Road
Bretton Woods, NH 03575
(603) 278-1000

Great Group Rates! Limited Condos Available

If you reserve a room(s) by phone, be sure to mention that you are with the Dartmouth Pediatric Conference. If reserving online, use the group code 022520DARTMOUTH.